

GRAFIK ZAJĘĆ FITNESS

ważny od 24-04-2023

FITNESS CLASSES TIMETABLE

valid from 24-04-2023

PONIEDZIAŁEK MONDAY	WTOREK TUESDAY	ŚRODA WEDNESDAY	CZWARTEK THURSDAY	PIĄTEK FRIDAY	SOBOTA SATURDAY	NIEDZIELA SUNDAY
<p>09:00 ABS & Power Yoga fitness studio Dagmara 95'</p>		<p>09:30 ABS & Power Yoga fitness studio Dagmara 100'</p>		<p>10:00 Power Yoga fitness studio Dagmara 90'</p>	<p>09:30 ABS & Power Yoga fitness studio Dagmara 105'</p>	<p>09:45 ABS & Power Yoga fitness studio Dagmara 105'</p>
<p>11:30 Aqua fitness pool Maryna 60'</p>		<p>11:30 Aqua fitness pool Maryna 60'</p>		<p>11:30 Healthy Spine fitness studio Dagmara 60'</p>		
	<p>16:45 ABS fitness studio Dagmara 30'</p>		<p>16:45 ABS & Yoga fitness studio Dagmara 90'</p>			
	<p>17:15 Interval fitness studio Dagmara 60'</p>		<p>18:30 Interval fitness studio Emilia 60'</p>			



Wellness Club Regent